

## BREAK VIDEOS FOR THE HCI EMPLOYEE EXPERIENCE CONFERENCE

How Burnout Makes Us Less Creative

<https://www.youtube.com/watch?v=Dvhu2OK7ffg&list=PLOGi5-fAu8bFhSzuOjTmHJwLHUxxloGr4&index=10>

Prince Ea – Lifespan

<https://www.youtube.com/watch?v=M2NDQOgGycg>

Best Ways to Start Presentations and Meetings

[https://www.youtube.com/watch?v=qbq4\\_Swj0Gg](https://www.youtube.com/watch?v=qbq4_Swj0Gg)

Headspace – Changing Perspective

<https://www.youtube.com/watch?v=iN6g2mr0p3Q>

Brene Brown – Vulnerability and Leadership

<https://www.youtube.com/watch?v=e257BL851Uw>

MIT Framework for Employee Experience

<https://www.youtube.com/watch?v=5RRjzT0gOUQ>

Reverse Mentorship

<https://www.youtube.com/watch?v=NMVgg6zuiB0&list=PLOGi5-fAu8bFhSzuOjTmHJwLHUxxloGr4&index=7>

James Corden Skydives with Tom Cruise

<https://www.youtube.com/watch?v=G1wsCworwWk&t=1s>

Love has no gender

<https://www.youtube.com/watch?v=PnDgZuGlhHs>

Tasty - Quick and Easy

<https://youtu.be/699PI-yOjCc>

Freud – Secret to Happiness

<https://www.youtube.com/watch?v=GWnBiBNwnso>

Dan Pink – Persuasion

<https://www.youtube.com/watch?v=WAL7Pz1i1jU>

Misty Copeland

<https://www.youtube.com/watch?v=J9BIBGD0XoA>

Office Romance

<https://www.youtube.com/watch?v=H8rDS6Wto5g>