Video Breaks for Embedding Recognition, Motivation, and Belonging - June 22nd

How to Make Employees Feel Appreciated https://www.youtube.com/watch?v=0_mmrC5-y28

Showing up – Cup of Coffee https://www.youtube.com/watch?v=qxrNCRhxgho

Body Language Expert Explains How to Show Confidence https://www.youtube.com/watch?v=VRJzvJ5XPQI

Happiness – Freud https://www.youtube.com/watch?v=GWnBiBNwnso

Why do so many incompetent men become leaders? Tomas Chamorro-Premuzic https://www.youtube.com/watch?v=zeAEFEXvcBg

James Corden Skydives with Tom Cruise https://www.youtube.com/watch?v=G1wsCworwWk&t=1s

History of the Banana https://www.youtube.com/watch?v=3vijLre760w

Calm Breathe Bubble https://www.youtube.com/watch?v=5DqTuWve9t8&list=PLccn20a2ma0i5mIJKPviGeqdDgmqW_Ry

Life Lessons from Carla https://www.youtube.com/watch?v=KsHpynXtC1U&list=PLcWa6kvxTA3OPKrHAyWbvXHg5IJsy1 IEX&index=26&t=0s