

**VIDEO BREAKS FOR DIVERISTY RECRUITMENT: STRATEGIES FOR HIRING WITH EQUITY**  
**September 20<sup>TH</sup>**

Oprah Winfrey and Arthur Brooks on Happiness  
<https://www.youtube.com/watch?v=xfCamjupttM>

Pay It Forward – Sunday Morning  
<https://www.youtube.com/watch?v=pVafdfB5F4E>

Change your diet, extend your life | Dr. Morgan Levine  
<https://www.youtube.com/watch?v=eZRz7k83W-Y>

Best AI Recruiting Tools  
<https://www.youtube.com/watch?v=2IPz6dIRJpo>

The Futuristic Farms That Will Feed the World  
<https://www.youtube.com/watch?v=KfB2sx9uCkl>

These Zimbabwean grandmothers are bringing mental health support to their community  
<https://www.youtube.com/watch?v=udA4aGNKZBg>

Grow your brain by moving your body—just 10 minutes a day  
<https://www.youtube.com/watch?v=vIDUW9f8wIs>

Hiring hack: How to better evaluate your candidates  
[https://www.youtube.com/watch?v=dO6X\\_NwrpSA&t=13s](https://www.youtube.com/watch?v=dO6X_NwrpSA&t=13s)

How to Calm Your Anxiety, From a Neuroscientist  
<https://www.youtube.com/watch?v=FpiWSFcL3-c&t=2s>

8 lessons on building a company people enjoy working for  
<https://www.youtube.com/watch?v=iBa9EoEbb38&t=92s>

How we can use the hiring process to bring out the best in people  
[https://www.youtube.com/watch?v=6UiU99\\_tE7I&t=129s](https://www.youtube.com/watch?v=6UiU99_tE7I&t=129s)

5 Steps to Building a Personal Brand You Feel Good About  
<https://www.youtube.com/watch?v=ozMCb0wOnMU>

Toddlerography w/ Jennifer Lopez  
[https://www.youtube.com/watch?v=K5aVRDE\\_Qno](https://www.youtube.com/watch?v=K5aVRDE_Qno)